



Plantar Fasciitis Measuring Chart

Size	US SIZE MEN'S	US SIZE WOMEN'S
35/36	–	4 – 5.5
37/38	–	6 – 7.5
39/40	–	8 – 9.5
41/42	7 – 8.5	10 – 11.5
43/44	9 – 10.5	12 – 12.5
45/46	11 – 12.5	–
47/48	13 – 14.5	–